# Purdue University Calumet

**Academic Advisor Training** 





First Generation College Students

Part III

### Let's Review



- Part I
  - Who are first-generation college students?
  - Preconceived perceptions
  - Time management & Financial literacy
  - Discussion
- Part II
  - Being a self-advocate
  - Student referrals
  - Campus Network and Resources for Students
  - Activity

# Topics covered

- Having difficult conversations
- Being a coach/mentor
- Advisor Resources
- Discussion
- Wrap Up



# Having difficult conversations



- Having a conversation with a student who is having an academic block
  - Identify the problem
  - Suggest career counseling, supplemental instruction, or other resources
  - Reinforce the degree requirements
    - Are they able to fulfill these requirements?
  - "Plan B" option?

# Having difficult conversations

- Convincing a student to change their degree due to academic performance
  - Best thing (if possible): Be Honest.
  - Have a "real" talk (if that is okay with the student)
  - Show them the "real picture"
  - Use yourself as an example
  - Introduce a "Plan B"



### Being a coach/mentor



Coaching students to reach out to instructors for assistance:

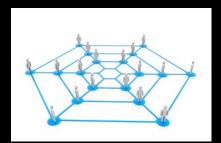
- Help them overcome their intimidation of their professors
  - Give them confidence and a "back bone"
  - Work on their communication skills
  - Encourage them to take advantage of the communication mediums offered
- Teach them to ask a question and not be offensive when asking for help
  - Show respect towards their peers and their professor
  - Let them know the professors are there to help

## Being a coach/mentor

- Maintain frequent contact with the student
  - Inform them of your "open office" policy
  - Make them feel comfortable giving you feedback whether it be in person, by phone or email, etc.
- Utilize your experience as an advisor
- Help the student become acclimated to the campus and educational environment
  - Provide them with information on campus resources during their first semester



## Resources and Tips for an Advisor



- Best resources:
  - Center for Learning and Academic Success
  - Supervisor
  - Peers and other advisors
  - Campus Departments
- Additional Tips:
  - Learn about the "little golden nuggets" of information (sources) to help students
  - Guest speakers share vital information during freshman seminars
  - Create a personal resource manual for yourself
  - Keep a checklist for each student
  - Accept the fact that you can't do, nor know everything: Always learning/Always teaching

#### Discussion

How would you handle a situation where a student is not performing well in their major related courses but has always wanted to be in that major/career and is adamant about continuing?



### Review of Part III



- Having difficult conversations
- Being a coach/mentor
- Resources for Students
- Discussion

# Wrap Up

#### Part I

- Who are first-generation college students?
- Preconceived perceptions
- Time management
- Financial literacy

#### Part I

- Being a self-advocate
- Student referrals
- Campus Network and Resources for Students

#### Wrap Up

#### Part III

- Having difficult conversations
- Being a coach/mentor
- Advisor Resources and Tips

#### Thank You!



### References

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