

Interview Frameworks

Answering Interview Questions

STAR Method

S

Situation

Provide the context - set the stage.

T

Task

Describe your task/responsibility briefly.

A

Action

Explain how you handled your task/responsibility - in detail.

R

Result

Mention the outcome of the action taken - cover lessons learned.

For Task-based Interview Questions

(Stojanovic, 2025)

CARL Method

C

Challenge

Provide the context. What was the initiative?

A

Action

What was the plan? What data did you use in your assessment?

R

Result

What happened as a result of your action? What did it impact?

L

Learning

What did you learn? What would you do again? What would you change?

For Project-based Interview Questions

(Kugler, 2023)